



# Kempe's Trauma-Responsive Implementation and Practice (TRIP) Program

EVIDENCE-BASED TRAINING AND SERVICES TO MITIGATE TRAUMA AND PROMOTE HEALING

## The Program

The Trauma-Responsive Implementation and Practice (TRIP) program at The Kempe Center integrates, enhances and implements trauma-responsive and culturally appropriate practices for parents, educators and others to help mitigate the impact of trauma. The program provides direct evidence-based clinical services to children and families, facilitates trainings for professionals across the human service fields and offers implementation guidance for child, youth and family-serving agencies.

## Why It's Needed:

Exposure to traumatic events and chronic stress can have negative impacts on children's cognitive, academic, behavioral and social-emotional functioning. Even prior to the COVID-19 pandemic, students who experienced trauma were among those facing the most challenges both in and out of schools. Self-isolation, social distancing and no in-person classes have further exacerbated the inequalities experienced by many families and their children and have presented new challenges for parents, educators and others to appropriately administer effective trauma-responsive approaches and treatments.

The TRIP program equips both parents and educators of children who have experienced trauma with trauma-responsive training to lessen the impact of trauma and promote healing

## Our Vision

Effective trauma-responsive approaches and trauma treatments require the people who work with and support children to be resilient and able to model emotional regulation and social competency. Through the TRIP program, the Kempe Center's goal is to reach more individuals with comprehensive training on these skills to create opportunities for more Colorado children to become resilient and equipped to reach their full potential.

## MEET KEMPE PROFESSIONAL

# Evelin Gomez, PhD



Dr. Gomez specializes in child abuse and neglect at the Kempe Center and has been instrumental in developing trauma-informed practices for schools. She co-authored the Trauma-Responsive Schools Theory of Change Toolkit along with Kempe's Dr. Angele Fauchier and the Colorado Office of Behavioral Health to help educators address the stress and anxiety children are facing because of the COVID-19 pandemic.

"Educators play a crucial role in a child's life, especially children experiencing stress and trauma. When we can provide our teachers with the right tools, we can help children overcome and reach their full potential."

## MEET KEMPE PROFESSIONAL

# Steven Berkowitz, MD



Dr. Steven Berkowitz is a professor at the University of Colorado Anschutz Medical Campus who is working in collaboration with the Kempe Center to implement a whole family care approach.

"We know the two most important things for promoting resilience are social support and self-advocacy. The TRIP program offers both through intensive training and services for parents."

## How You Can Help

We know the path to healthy childhoods requires aligning and integrating systems to serve all children and families, advancing policies that prioritize children and families, and building capacity to expand programs demonstrated to work. Each of these initiatives requires a commitment to innovation and an ability to incubate new models, like the TRIP program. Help us make our vision a reality by donating the critical funds needed to expand this program and build capacity to help more children and families.

## About the Kempe Foundation

The Kempe Foundation supports professionals engaged in the prevention of child maltreatment and the healing of child trauma, advocates for the protection and well-being of children, and collaborates with community partners to support children and families. We believe every child should have the opportunity to develop and grow in a safe, healthy and nurturing environment.

