Kempe’s Trauma-Responsive Implementation and Practice (TRIP) Program

The Program

The Trauma-Responsive Implementation and Practice (TRIP) program at The Kempe Center integrates, enhances, and implements trauma-responsive and culturally appropriate practices for systems, organizations, parents, educators, and others to help mitigate the impact of trauma. The program provides evidence-based approaches and services to children and families, facilitates trainings for professionals across the human service fields and offers implementation guidance for child, youth, and family-serving agencies.

Why It’s Needed:

Exposure to traumatic events and chronic stress can have negative impacts on children’s cognitive, academic, behavioral, and social-emotional functioning. Even prior to the COVID-19 pandemic, students who were exposed trauma faced significant challenges both in and out of schools. COVID-19 intensified these disparities, necessitating effective trauma-responsive approaches for caregivers, educators, students, and the community. The effect has exacerbated students’ social-emotional development impacting self-regulation and relationship building.

The TRIP program equips parents and educators with specialized training to address trauma’s impact, fostering healing and resilience in children and those who care for them. Our approach prioritizes trust, safety, collaboration, empowerment, choice, and cultural responsiveness to create supportive environments and mitigate trauma’s adverse consequences in a holistic manner.

Our Vision

Effective trauma-responsive approaches and trauma treatments require the people who work with and support children to be resilient and able to model emotional regulation and social competency. Through the TRIP program, the Kempe Center’s goal is to reach more individuals with comprehensive training on these skills to create opportunities for more Colorado children to become resilient and equipped to reach their full potential.
Spotlight: Training in Colorado and Across the Nation

• TRIP develops, implements, and disseminates trauma-informed and culturally responsive training curricula to a diverse workforce in Colorado and provides technical assistance. Over 4000 professionals around the state utilize the Colorado Systems Training Institute (CSTI) learning management system managed by TRIP.

• The Trauma-Responsive Schools Theory of Change Toolkit authored by Drs. Gomez and Fauchier have been downloaded by more than 800 users representing more than 25 states and 7 countries.

• TRIP has trained 1330 professionals over the past 3 years from child welfare, school system, infant mental health and early education providers, juvenile justice system, and health care system, in topics such as trauma-responsive practices, diversity-informed practices, reflective practices, and cultural responsiveness.

BY THE NUMBERS

526
LEARNERS
completed
INSTRUCTOR-LED TRAININGS

1010
LEARNERS
completed
WEB-BASED TRAININGS

Montezuma County - Elementary school Trauma Informed Implementation

Some of the outcomes reported by school leaders and staff:
• A sense of psychological safety and well-being.
• Dramatic increase in staff wellness.
• Staff became involved in the change.
• Students kept in the classroom instead of the principal’s office.

Teachers reported:
• Improved support and school climate.
• Satisfaction with the recognition they received.
• 100% of teachers indicated their school was a good place to work.

Student referrals to the principal’s office were reduced by 80% - meeting a primary goal of the school administration.

Positive impact on both students and school personnel, resulting in increased resilience, and a significant reduction in behavioral disruptions in the classroom by students.

Four years after implementation of TRIP, the School Principal reported low staff turnover, and enhanced wellness by teachers and students.

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